

Tuesday Jan 1

7:00 pm

The Truth About Getting Fit

The Truth About Getting Fit NEW

What's the least amount of exercise you can do and still live a long, healthy life?

8:00 pm

The Truth About Calories

Calories are the language of many diets and healthy eating plans, but Dr. Chris Van Tulleken challenges everything we thought we knew about them.

9:00 pm

The Truth About Healthy Eating

We spend millions each year on products we're told are good for us, but does science back up the claims?

10:00 pm

The Truth About Fat

Fat has a reputation as public health enemy number one, but is it deserved? Dr. Saleyha Ahsan reveals the surprising science of fat.

11:00 pm

The Innocence Network

Ep. 1 - The Barry Gibbs Case

Vietnam vet Barry Gibbs maintained his innocence after a prostitute was found strangled in Brooklyn in 1986.

11:46 pm

Ontario Hubs - Interstitials

Walls to Bridges NEW

Inmates at the Grand Valley Institution for Women gain confidence and earn degrees in mixed classes with undergraduate students.

12:00 am

The Innocence Network

Ep. 2 - The Lewis Jim Fogle Case

After 34 years behind bars for rape and murder, Lewis Jim Fogle could be set free by DNA testing.

12:50 am

Ontario Hubs

The Future of Beekeeping

The Agenda discusses the beekeeping program at Niagara College.

1:00 am

The Innocence Network

Ep. 3 - The Alan Newton Case

Sentenced to 40 years in prison, Alan Newton starts studying law to decipher his file and prove his innocence.

1:45 am

Ontario Hubs

Recruiting In Rural Medicine

Ontario Hubs producer Jeyan Jeganathan travels to White River, Ont., a community that has been without a doctor for several years. And then to Marathon, Ont., a community that is seen as a model in rural medicine.

2:00 am

The Innocence Network

Ep. 4 - The George Toca Case

New Orleans, 1984: A 17-year-old is sentenced to life in prison for his friend's accidental shooting death.

2:47 am

Ontario Hubs - Interstitials

The Rise of Forest Schools

Ontario Hubs field producer Jeyan Jeganathan travels to the Ottawa Forest and Nature school to discover the benefits of learning outdoors.

3:00 am

The Truth About Sleep

Insomniac Dr. Michael Mosley finds out what happens if people don't get enough sleep, and looks at surprising solutions to help us get more.

4:00 am

The Truth About Stress

Fiona Phillips examines the prevalence of increased stress, something the WHO has called the health epidemic of the 21st century.

5:00 am

Food Unwrapped

Ep. 4 - Caviar Conversation

Jimmy Doherty investigates whether manuka honey has medicinal properties. Kate Quilton discovers why some varieties of caviar are cheaper than others.

5:30 am

Food Unwrapped

Ep. 5 - Wasabi Plant

Matt Tebbutt travels to a secret location to track down U.K.-grown wasabi plants, managing to sting his nostrils in the process.

Wednesday Jan 2

7:00 pm

Impossible Railways

Ep. 1 - Tracks and the City

From an inverted monorail in Germany to London's Crossrail project, discover how ingenious metropolitan railway engineering helps keep cities running.

8:00 pm

The Agenda with Steve Paikin

Memoir of an Ousted Leader; A Great Naval Mystery NEW

The Agenda welcomes Patrick Brown to discuss his tell-all political memoir. Then, comedian and author Michael Palin uncovers the mystery of the HMS Erebus.

9:00 pm

Schama on Rembrandt

Art historian Simon Schama assesses Rembrandt's final works as the Dutch master faced the challenges of old age.

10:00 pm

The Amazing World of Gravity

Ep. 1 - The Amazing World of Gravity

Theoretical physicist Jim Al-Khalili seeks the true story of gravity and explores how Galileo, Newton, and Einstein revolutionized science.

10:45 pm

Ontario Hubs - Interstitials

Walls to Bridges REPEAT

Inmates at the Grand Valley Institution for Women gain confidence and earn degrees in mixed classes with undergraduate students.

11:00 pm

The Agenda with Steve Paikin

Memoir of an Ousted Leader; A Great Naval Mystery REPEAT

Please see Jan 2, 8:00 pm

12:00 am

Schama on Rembrandt

REPEAT

Please see Jan 2, 9:00 pm

1:00 am

The Amazing World of Gravity

Ep. 1 - The Amazing World of Gravity REPEAT

Please see Jan 2, 10:00 pm

1:46 am

Ontario Hubs - Interstitials

Walls to Bridges REPEAT

Inmates at the Grand Valley Institution for Women gain confidence and earn degrees in mixed classes with undergraduate students.

2:00 am

Impossible Railways

Ep. 1 - Tracks and the City REPEAT

Please see Jan 2, 7:00 pm

2:50 am

Ontario Hubs - Interstitials

The Rise of Forest Schools REPEAT

Ontario Hubs field producer Jeyan Jeganathan travels to the Ottawa Forest and Nature school to discover the benefits of learning outdoors.

3:00 am
Art and Craft

As one of the most prolific art forgers in U.S. history, Mark Landis was behind a decades-long ruse that duped a staggering list of institutions. DV

4:30 am
Food Unwrapped

Ep. 5 - Wasabi Plant REPEAT

Matt Tebbutt travels to a secret location to track down U.K.-grown wasabi plants, managing to sting his nostrils in the process.

5:00 am
The Agenda with Steve Paikin

Memoir of an Ousted Leader; A Great Naval Mystery REPEAT

Please see Jan 2, 8:00 pm

Thursday Jan 3

7:00 pm
South Pacific

Ep. 1 - Ocean of Islands

The South Pacific's innumerable islands look like pieces of paradise but the reality of life can be very different.

8:00 pm
The Agenda with Steve Paikin

The Literary Detective; A Culture of Saftyism NEW

Author Sarah Weinman makes the case that Nabakov's "Lolita" was based on real life events. Then, how American college campuses may be suffocating under a "safe space" culture.

9:00 pm
Political Blind Date

Ep. 1 - Weeds

Toronto Liberal MP Nathaniel Erskine-Smith wants all drugs decriminalized, but Alberta Conservative Garnett Genuis is an avowed drug prohibitionist. DV

9:30 pm
BLue Ant package [Cancon Wildlife series]

City Wildlife Rescue Series 1 -Episode 1 NEW

CITY WILDLIFE RESCUE tells the tale of small animals in the big city.

10:00 pm
Dangerous Borders: A Journey Across India and Pakistan

Ep. 1

Babita Sharma begins her journey in Adipur, which started life as a refugee camp for Hindus fleeing the newly created Muslim state of Pakistan.

11:00 pm
The Agenda with Steve Paikin

The Literary Detective; A Culture of Saftyism REPEAT

Please see Jan 3, 8:00 pm

12:00 am
Political Blind Date

Ep. 1 - Weeds REPEAT

Please see Jan 3, 9:00 pm

12:30 am
BLue Ant package [Cancon Wildlife series]

City Wildlife Rescue Series 1 -Episode 1 REPEAT

Please see Jan 3, 9:30 pm

1:00 am
Dangerous Borders: A Journey Across India and Pakistan

Ep. 1 REPEAT

Please see Jan 3, 10:00 pm

2:00 am
South Pacific

Ep. 1 - Ocean of Islands REPEAT

Please see Jan 3, 7:00 pm

3:00 am
Prison Sisters

The follow-up to No Burqas Behind Bars tracks what happens to a young woman after her release from prison in Afghanistan. DV

4:35 am
Food Unwrapped

Ep. 4 - Caviar Conversation REPEAT

Jimmy Doherty investigates whether manuka honey has medicinal properties. Kate Quilton discovers why some varieties of caviar are cheaper than others.

5:00 am
The Agenda with Steve Paikin

The Literary Detective; A Culture of Saftyism REPEAT

Please see Jan 3, 8:00 pm

Friday Jan 4

7:00 pm
The Bruce

Ep. 3 - The Peaceful Path

Increased tourism and the massive Bruce Nuclear Power Development jumpstart the Bruce economy.

8:00 pm
The Agenda with Steve Paikin

Hope for Syria?; Ontario Hubs; The Agenda's Week NEW

The Agenda gets an update on the Syrian refugee crisis. Ontario Hubs journalists look ahead to 2019. Ontario Hubs field producer Jeyan Jeganathan visits a pet therapy clinic in Ottawa.

9:00 pm
Heartbeat

Ep. 19 - Love Hurts

As the officers mourn Tom's loss, Merton is suspended after his new girlfriend makes an allegation of theft against him 14+

9:49 pm
Ontario Hubs - Interstitials
Church Conversions

Ontario Hubs field producer Jeyan Jeganathan explores new community uses for old Ontario churches.

10:00 pm
Borgen

Ep. 3 - The Art of the Possible

After only a few short months as prime minister, Birgitte Nyborg has negotiated her first finance bill into place. 14+

11:00 pm
The Agenda with Steve Paikin

Hope for Syria?; Ontario Hubs; The Agenda's Week REPEAT

Please see Jan 4, 8:00 pm

12:00 am
Heartbeat

Ep. 19 - Love Hurts REPEAT

Please see Jan 4, 9:00 pm

12:50 am
Ontario Hubs - Interstitials
Church Conversions REPEAT

Please see Jan 4, 9:49 pm

1:00 am
Borgen

Ep. 3 - The Art of the Possible REPEAT

Please see Jan 4, 10:00 pm

2:00 am
The Bruce

Ep. 3 - The Peaceful Path REPEAT

Please see Jan 4, 7:00 pm

3:00 am
Coast

Coast - Ep 1 - Our Holiday Coast

Nick Crane follows a centuries-old tourist trail out of London and heads for Margate, via Southend on Sea

4:00 am

Coast

Coast - Ep 2 - Bounty from the Sea

Nick Crane is on an island odyssey in the Faroes on a mission to gather all manner of bounty to take to a traditional feast

Saturday Jan 5

7:00 pm

National Geographic

Secrets of the Giant Manta Ray

A remote marine sanctuary in Indonesia is home to some of the greatest biodiversity on the planet, including the mysterious giant manta ray.

7:50 pm

Ontario Hubs - Interstitials

Church Conversions REPEAT

Ontario Hubs field producer Jeyan Jeganathan explores new community uses for old Ontario churches.

8:00 pm

Shoreline Detectives

Ep. 5 - East Yorkshire NEW

In Yorkshire Tori and the team try to work out what happened one night when a fishing trawler went wildly off course in the North Sea and discover how two ships made in Hull ended up on top of a mountain in Peru

8:48 pm

Ontario Hubs - Interstitials

The Hexanal Project NEW

Ontario Hubs field producer Jeyan Jeganathan explains how hexanal is helping lengthen the life of fruit.

9:00 pm

Elian

When a five-year-old Cuban boy was plucked from the ocean near Miami in 1999, it sparked an international crisis. DV

11:00 pm

Trouble in the Peace

A farmer takes action to unite a community stricken by gas leaks, protests, and pipeline bombings. DV

12:00 am

National Geographic

Secrets of the Giant Manta Ray REPEAT

Please see Jan 5, 7:00 pm

1:00 am

Shoreline Detectives

Ep. 5 - East Yorkshire REPEAT

Please see Jan 5, 8:00 pm

1:52 am

Ontario Hubs - Interstitials

The Rise of Forest Schools REPEAT

Ontario Hubs field producer Jeyan Jeganathan travels to the Ottawa Forest and Nature school to discover the benefits of learning outdoors.

2:00 am

Elian

REPEAT

Please see Jan 5, 9:00 pm

4:00 am

Trouble in the Peace

REPEAT

Please see Jan 5, 11:00 pm

Sunday Jan 6

7:00 pm

National Geographic

Into the Wilderness: Glacier National Park

Where Montana kisses Canada lies a jewel of the US national park system. Glacier's million-acre wilderness. DV

8:00 pm

Full Steam Ahead

Ep. 1 - Full Steam Ahead

Introduction of steam railways in the early 19th century changed Britain in a way no one could have predicted.

9:00 pm

Genius

Ep. 1 - The First Five

About 350 years ago, a small group of friends, colleagues and rivals defied everything that was known about the world at that time.

10:00 pm

My First 150 Days

Newly arrived from the Philippines, the Banico family experience the emotional journey of starting fresh in a new land. DV

11:00 pm

A Sorry State

Filmmaker Mitch Miyagawa examines whether government apologies can ever make amends. DV

12:00 am

National Geographic

Into the Wilderness: Glacier National Park

REPEAT

Please see Jan 6, 7:00 pm

12:52 am

Ontario Hubs - Interstitials

Peddling Cycle Safety in Collingwood NEW

Ontario Hubs field producer Jeyan Jeganathan travels to Collingwood to learn about tensions between cyclists, motorists, and police.

1:00 am

Full Steam Ahead

Ep. 1 - Full Steam Ahead REPEAT

Please see Jan 6, 8:00 pm

2:00 am

Genius

Ep. 1 - The First Five REPEAT

Please see Jan 6, 9:00 pm

2:52 am

Ontario Hubs - Interstitials

Peddling Cycle Safety in Collingwood REPEAT

Please see Jan 6, 12:52 am

3:00 am

My First 150 Days

REPEAT

Please see Jan 6, 10:00 pm

4:00 am

A Sorry State

REPEAT

Please see Jan 6, 11:00 pm

4:49 am

Ontario Hubs - Interstitials

Church Conversions REPEAT

Ontario Hubs field producer Jeyan Jeganathan explores new community uses for old Ontario churches.

5:00 am

The Agenda with Steve Paikin

Hope for Syria?; Ontario Hubs; The Agenda's Week REPEAT

The Agenda gets an update on the Syrian refugee crisis. Ontario Hubs journalists look ahead to 2019. Ontario Hubs field producer Jeyan Jeganathan visits a pet therapy clinic in Ottawa.

Monday Jan 7

7:00 pm

Digging for Britain

Ep. 1 - West

Archeologists gather at the Salisbury Museum to look at finds from Marden Henge, Durotriges, Trellech, Kent's Cavern, Jersey, and Staffordshire Hoard.

8:00 pm

The Agenda with Steve Paikin

Mon, Jan 07, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

National Geographic Titles

Jane NEW

An unprecedented, intimate portrait of Jane Goodall - a trailblazer who defied the odds to become one of the world's most admired conservationists. DV

10:30 pm

SponsorLand: Welcome to Canada

The lives of a rambunctious Syrian refugee family of 13 intersect with their community of enthusiastic sponsors in Picton, Ont. DV

11:00 pm

The Agenda with Steve Paikin

Mon, Jan 07, 2019 REPEAT

Please see Jan 7, 8:00 pm

12:00 am

How to Die: Simon's Choice

After being diagnosed with a fatal illness, Simon Binner tells his family he is considering ending his life at a Swiss assisted-suicide clinic. DV

1:30 am

SponsorLand: Welcome to Canada

REPEAT

Please see Jan 7, 10:30 pm

2:00 am

Digging for Britain

Ep. 1 - West REPEAT

Please see Jan 7, 7:00 pm

3:00 am

Greatest Tank Battles

Michael Wittman: Greatest Tank Ace

An SS officer who fought at Kursk and in Normandy and in many of the greatest tank battles of all time remains a focus of both cult and controversy. DV

3:51 am

Ontario Hubs

Rachel Romu: A Spotlight on Disability

Ontario Hubs producer Jeyan Jeganathan talks with a model who is hoping to change the way people view disability.

4:00 am

Greatest Tank Battles

Canadian Tank Battles in Italy

May 1944: Canadian tanks begin their final push to drive the Germans from Italy. DV

5:00 am

The Agenda with Steve Paikin

Mon, Jan 07, 2019 REPEAT

Please see Jan 7, 8:00 pm

Tuesday Jan 8

7:00 pm

BLue Ant package [Cancon Wildlife series]

Arctic Secrets - Land of Extremes NEW

A unique journey of discovery to some of the most awe-inspiring regions in the Canadian North. DV

7:52 pm

Ontario Hubs - Interstitials

Peddling Cycle Safety in Collingwood REPEAT

Ontario Hubs field producer Jeyan Jeganathan travels to Collingwood to learn about tensions between cyclists, motorists, and police.

8:00 pm

The Agenda with Steve Paikin

Tue, Jan 08, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Much Too Young

What does it mean to be a young adult who becomes a caregiver for a parent with early-onset Alzheimer's? DV

10:00 pm

Random Acts of Legacy

Using a trove of rare home movies, director Ali Kazimi crafts a moving memoir of a Chinese-American family in the post-war U.S. Midwest.

11:00 pm

The Agenda with Steve Paikin

Tue, Jan 08, 2019 REPEAT

Please see Jan 8, 8:00 pm

12:00 am

Much Too Young

REPEAT

Please see Jan 8, 9:00 pm

1:00 am

Random Acts of Legacy

REPEAT

Please see Jan 8, 10:00 pm

1:59 am

BLue Ant package [Cancon Wildlife series]

Arctic Secrets - Land of Extremes REPEAT

Please see Jan 8, 7:00 pm

2:49 am

Ontario Hubs - Interstitials

The Hexanal Project REPEAT

Ontario Hubs field producer Jeyan Jeganathan explains how hexanal is helping lengthen the life of fruit.

3:00 am

Greatest Tank Battles

Vietnam Insurgency

1965: U.S. ground forces and marine corps tanks land in South Vietnam, confident that conventional military might will defeat the insurgency. DV

3:49 am

Ontario Hubs - Interstitials

The Rise of Forest Schools REPEAT

Ontario Hubs field producer Jeyan Jeganathan travels to the Ottawa Forest and Nature school to discover the benefits of learning outdoors.

4:00 am

Greatest Tank Battles

Battle for Vietnam Armoured Attack

1968: The Americans mobilize hundreds of tanks to help defeat Communist forces in South Vietnam. DV

4:49 am

Ontario Hubs

The Survival of the Algonquin Wolf

Ontario Hubs field producer Jeyan Jeganathan visits Algonquin Park, one of only a handful of places the Algonquin wolf calls home.

5:00 am

The Agenda with Steve Paikin

Tue, Jan 08, 2019 REPEAT

Please see Jan 8, 8:00 pm

Wednesday Jan 9

7:00 pm

Impossible Railways

Ep. 2 - Into the Wild

From a canyon-spanning bridge in San Diego to a track ascending a Swiss peak, railway engineers have conquered jungles, deserts and mountains.

7:50 pm

Ontario Hubs - Interstitials

Peddling Cycle Safety in Collingwood REPEAT

Ontario Hubs field producer Jeyan Jeganathan travels to Collingwood to learn about tensions between cyclists, motorists, and police.

8:00 pm

The Agenda with Steve Paikin

Wed, Jan 09, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Art of China

Ep. 1 - Art of China

Recent spectacular discoveries of ancient art are redefining China's understanding of its origins.

10:00 pm

The Amazing World of Gravity

Ep. 2 - The Amazing World of Gravity

Jim Al-Khalili helps design a smartphone app that volunteers use to demonstrate how gravity affects our weight and even the rate at which we age.

10:49 pm

Ontario Hubs - Interstitials

Walls to Bridges REPEAT

Inmates at the Grand Valley Institution for Women gain confidence and earn degrees in mixed classes with undergraduate students.

11:00 pm

The Agenda with Steve Paikin

Wed, Jan 09, 2019 REPEAT

Please see Jan 9, 8:00 pm

12:00 am

Art of China

Ep. 1 - Art of China REPEAT

Please see Jan 9, 9:00 pm

1:00 am

The Amazing World of Gravity

Ep. 2 - The Amazing World of Gravity REPEAT

Please see Jan 9, 10:00 pm

2:00 am

Impossible Railways

Ep. 2 - Into the Wild REPEAT

Please see Jan 9, 7:00 pm

3:00 am

Greatest Tank Battles

The Battle for Germany

In 1944 the US 3rd Armored Division spearheads the Allied push from the western border of Germany towards Berlin. DV

4:00 am

Greatest Tank Battles

Tank Battles of the Pacific

By 1942, the Japanese Empire stretched halfway across the Pacific Ocean. DV

4:49 am

Ontario Hubs - Interstitials

Walls to Bridges REPEAT

Inmates at the Grand Valley Institution for Women gain confidence and earn degrees in mixed classes with undergraduate students.

5:00 am

The Agenda with Steve Paikin

Wed, Jan 09, 2019 REPEAT

Please see Jan 9, 8:00 pm

Thursday Jan 10

7:00 pm

South Pacific

Ep. 2 - Castaways

They may be the most isolated in the world, but every one of the South Pacific's 20,000 islands has been colonized.

8:00 pm

The Agenda with Steve Paikin

Thu, Jan 10, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Political Blind Date

Ep. 2 - Transit

Doug Ford and Jagmeet Singh take each other for a spin as they hit the road to debate an issue that has divided Torontonians for decades. DV

9:30 pm

BLue Ant package [Cancon Wildlife series]

City Wildlife Rescue Series 1- Episode 2 NEW

CITY WILDLIFE RESCUE tells the tale of small animals in the big city.

10:00 pm

Dangerous Borders: A Journey Across India and Pakistan

Ep. 2

Journalists Adnan Sarwar and Babita Sharma travel through the province of Punjab, along the volatile border that divides India and Pakistan.

11:00 pm

The Agenda with Steve Paikin

Thu, Jan 10, 2019 REPEAT

Please see Jan 10, 8:00 pm

12:00 am

Political Blind Date

Ep. 2 - Transit REPEAT

Please see Jan 10, 9:00 pm

12:30 am

BLue Ant package [Cancon Wildlife series]

City Wildlife Rescue Series 1- Episode 2 REPEAT

Please see Jan 10, 9:30 pm

1:00 am

Dangerous Borders: A Journey Across India and Pakistan

Ep. 2 REPEAT

Please see Jan 10, 10:00 pm

2:00 am

South Pacific

Ep. 2 - Castaways REPEAT

Please see Jan 10, 7:00 pm

3:00 am

The Man Who Saved the World

The story of Lt. Colonel Stanislav E. Petrov who held the fate of the world in his hands for a few crucial minutes. DV

5:00 am

The Agenda with Steve Paikin

Thu, Jan 10, 2019 REPEAT

Please see Jan 10, 8:00 pm

Friday Jan 11

7:00 pm

To the Ends of the Earth

How the rise of extreme energy extraction in Canada affects the environment, economy and local communities.

8:00 pm

The Agenda with Steve Paikin

Fri, Jan 11, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Heartbeat

Ep. 20 - Windows of Opportunity

Blaketon and Joyce Jowett become rivals in the election for parish councillor, with both doing their utmost to outdo and discredit each other. 14+

10:00 pm

Borgen

Ep. 4 - 100 Days

TV journalist Katrine Fonsmark gets the scoop of her life when an anonymous source contacts her with important security policy information. 14+

11:00 pm

The Agenda with Steve Paikin

Fri, Jan 11, 2019 REPEAT

Please see Jan 11, 8:00 pm

12:00 am

Heartbeat

Ep. 20 - Windows of Opportunity REPEAT

Please see Jan 11, 9:00 pm

1:00 am

Borgen

Ep. 4 - 100 Days REPEAT

Please see Jan 11, 10:00 pm

2:00 am

To the Ends of the Earth

REPEAT

Please see Jan 11, 7:00 pm

3:00 am

Coast

Coast - Ep 3 - Ingenious Isles

Nick Crane is following the Welsh Coastal Path around Anglesey and taking in 700 years of inspired thinking and ingenious isles

4:00 am

Coast

Coast - Ep 4 - The Irish Sea

Nick Crane hops on a ferry across the Irish Sea and washes into Dublin on her tumultuous tides

Saturday Jan 12

7:00 pm

National Geographic Titles

Tut's Treasures: Hidden Secrets - Episode 1 NEW

Howard Carter's discovery of Tutankhamun's tomb in 1922 made headlines across the world sparking a global frenzy for Ancient Egypt

8:00 pm

Shoreline Detectives

Ep. 6 - Fife NEW

On the Fife coast in Scotland Tori and a team of archaeologists search for an industry that once dominated the shoreline there.

9:00 pm

National Geographic Titles

Jane REPEAT

An unprecedented, intimate portrait of Jane Goodall - a trailblazer who defied the odds to become one of the world's most admired conservationists. DV

10:30 pm

SponsorLand: Welcome to Canada

REPEAT

The lives of a rambunctious Syrian refugee family of 13 intersect with their community of enthusiastic sponsors in Picton, Ont. DV

11:00 pm

Call of the Forest: The Forgotten Wisdom of Trees

Scientist and author Diana Beresford-Kroeger explores our profound biological and spiritual connection with trees. DV

12:00 am

National Geographic Titles

Tut's Treasures: Hidden Secrets - Episode 1 REPEAT

Please see Jan 12, 7:00 pm

1:00 am

Shoreline Detectives

Ep. 6 - Fife REPEAT

Please see Jan 12, 8:00 pm

2:00 am

Good Ol' Freda

Freda Kelly was just a shy Liverpool teenager when she was asked to work for a local band hoping to make it big. DV

3:30 am

Superfoods: The Real Story

Ep. 7 - Pomegranates, Shiitakes, Bugs

Kate Qilton heads to Los Angeles, the spiritual home of superfoods, to find out whether pomegranates can fix a bad memory.

4:00 am

Call of the Forest: The Forgotten Wisdom of Trees

REPEAT

Please see Jan 12, 11:00 pm

Sunday Jan 13

7:00 pm

National Geographic

Into the Wilderness: Pacific Crest Trail

Stretching from Mexico to Canada and traversing three states, the Pacific Crest Trail passes through six of seven of North America's ecozones. DV

8:00 pm

Full Steam Ahead

Ep. 2 - Full Steam Ahead

Railway companies begin to develop ways of moving people, rather than just goods, around the country.

9:00 pm

Genius

Ep. 2 - A Roomful of Brilliant Minds

This episode looks at the scientific spark that ignited the Industrial Revolution in Britain.

10:00 pm

Much Too Young

REPEAT

What does it mean to be a young adult who becomes a caregiver for a parent with early-onset Alzheimer's? DV

11:00 pm

Random Acts of Legacy

REPEAT

Using a trove of rare home movies, director Ali Kazimi crafts a moving memoir of a Chinese-American family in the post-war U.S. Midwest.

12:00 am

National Geographic

Into the Wilderness: Pacific Crest Trail REPEAT

Please see Jan 13, 7:00 pm

1:00 am

Full Steam Ahead

Ep. 2 - Full Steam Ahead REPEAT

Please see Jan 13, 8:00 pm

2:00 am

Genius

Ep. 2 - A Roomful of Brilliant Minds REPEAT

Please see Jan 13, 9:00 pm

3:00 am

Much Too Young

REPEAT

What does it mean to be a young adult who becomes a caregiver for a parent with early-onset Alzheimer's? DV

4:00 am
Random Acts of Legacy
REPEAT

Using a trove of rare home movies, director Ali Kazimi crafts a moving memoir of a Chinese-American family in the post-war U.S. Midwest.

5:00 am
The Agenda with Steve Paikin
Fri, Jan 11, 2019 REPEAT

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

Monday Jan 14

7:00 pm
Digging for Britain
Ep. 3 - North

At the Neolithic Orkney World Heritage Site, the Ness of Brodgar houses a 5,000-year-old temple at the heart of a sacred landscape.

8:00 pm
The Agenda with Steve Paikin
Mon, Jan 14, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm
Extraordinary Women
Grace Kelly NEW

Grace Kelly had a privileged upbringing in Philadelphia, in fact, she was born to be a princess.

10:00 pm
Treasures of the Indus
Ep. 1 - Pakistan Unveiled

Remarkable civilizations flourished in the Indus Valley almost 5,000 years ago, ending in the rise of the Buddhist empires of Gandhara.

11:00 pm
The Agenda with Steve Paikin
Mon, Jan 14, 2019 REPEAT

Please see Jan 14, 8:00 pm

12:00 am
Extraordinary Women
Grace Kelly REPEAT

Please see Jan 14, 9:00 pm

1:00 am
Treasures of the Indus
Ep. 1 - Pakistan Unveiled REPEAT

Please see Jan 14, 10:00 pm

2:00 am
Digging for Britain
Ep. 3 - North REPEAT

Please see Jan 14, 7:00 pm

3:00 am
Coast Australia
Ep. 1 - Victoria

Neil Oliver joins the first scientific expedition to the isolated island known as Skull Rock.

4:00 am
Coast Australia
Ep. 2 - South Australia

Neil Oliver takes to the air on an RAAF training mission to seek and destroy submarine invaders.

5:00 am
The Agenda with Steve Paikin
Mon, Jan 14, 2019 REPEAT

Please see Jan 14, 8:00 pm

Tuesday Jan 15

7:00 pm
BLue Ant package [Cancon Wildlife series]
Arctic Secrets - Devon Island NEW

A unique journey of discovery to some of the most awe-inspiring regions in the Canadian North. DV

8:00 pm
The Agenda with Steve Paikin
Tue, Jan 15, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm
Chosen

This BAFTA-award-winning film deals with a subject rarely spoken about - the sexual abuse of boys by Britain's private schools.

10:40 pm
White Earth

This Academy Award-nominated short film offers insight into some of the desperate souls who flock to North Dakota seeking work in the oilfields.

11:00 pm
The Agenda with Steve Paikin
Tue, Jan 15, 2019 REPEAT

Please see Jan 15, 8:00 pm

12:00 am
Chosen
REPEAT

Please see Jan 15, 9:00 pm

1:40 am
White Earth
REPEAT

Please see Jan 15, 10:40 pm

2:00 am
BLue Ant package [Cancon Wildlife series]
Arctic Secrets - Devon Island REPEAT

Please see Jan 15, 7:00 pm

3:00 am
Coast Australia
Ep. 3 - Northern New South Wales

In much-loved Byron Bay, Neil Oliver unearths the town's surprisingly dirty history.

4:00 am
Coast Australia
Ep. 4 - South West Australia

Neil Oliver begins this trip on the Duyfken, a replica of the first known European vessel to visit Australia.

5:00 am
The Agenda with Steve Paikin
Tue, Jan 15, 2019 REPEAT

Please see Jan 15, 8:00 pm

Wednesday Jan 16

7:00 pm
Impossible Railways
Ep. 3 - Crossing Chasms

From Scotland's Forth Bridge to a vertigo-inducing viaduct in rural New Zealand, discover how the world's most innovative rail bridges were built.

8:00 pm
The Agenda with Steve Paikin
Wed, Jan 16, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm
Art of China
Ep. 2 - Art of China

Andrew Graham-Dixon travels to the Yellow Mountains to understand the power of Chinese landscape painting.

10:00 pm

Food: Delicious Science

Ep. 1 - We Are What We Eat

Although the world is full of different cuisines, there are actually just a handful of ingredients that our bodies need from our food to survive.

11:00 pm

The Agenda with Steve Paikin

Wed, Jan 16, 2019 REPEAT

Please see Jan 16, 8:00 pm

12:00 am

Art of China

Ep. 2 - Art of China REPEAT

Please see Jan 16, 9:00 pm

1:00 am

Food: Delicious Science

Ep. 1 - We Are What We Eat REPEAT

Please see Jan 16, 10:00 pm

2:00 am

Impossible Railways

Ep. 3 - Crossing Chasms REPEAT

Please see Jan 16, 7:00 pm

3:00 am

Coast Australia

Ep. 5 - Torres Strait

Neil Oliver arrives on Horn Island to uncover the role of Australia's only indigenous battalion.

4:00 am

Coast Australia

Ep. 6 - Norfolk Island

Neil Oliver wanders amid penal ruins to learn the legacies of an audacious convict and a reforming commandant.

5:00 am

The Agenda with Steve Paikin

Wed, Jan 16, 2019 REPEAT

Please see Jan 16, 8:00 pm

Thursday Jan 17

7:00 pm

South Pacific

Ep. 3 - Endless Blue

Many animals that live in the ocean - among them sharks, whales and turtles - must go to extraordinary lengths to survive.

8:00 pm

The Agenda with Steve Paikin

Thu, Jan 17, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Political Blind Date

Ep. 3 - Safe Injection Sites

London mayor Matt Brown and Toronto city councillor Giorgio Mammoliti take to the streets to debate supervised injection sites. DV

9:30 pm

BLue Ant package [Cancon Wildlife series]

City Wildlife Rescue Series 1- Episode 3 NEW

CITY WILDLIFE RESCUE tells the tale of small animals in the big city.

10:00 pm

Dangerous Borders: A Journey Across India and Pakistan

Ep. 3

On the final leg of their journey, Adnan Sarwar and Babita Sharma travel along the northern part of the border dividing India and Pakistan.

11:00 pm

The Agenda with Steve Paikin

Thu, Jan 17, 2019 REPEAT

Please see Jan 17, 8:00 pm

12:00 am

Political Blind Date

Ep. 3 - Safe Injection Sites REPEAT

Please see Jan 17, 9:00 pm

12:30 am

BLue Ant package [Cancon Wildlife series]

City Wildlife Rescue Series 1- Episode 3 REPEAT

Please see Jan 17, 9:30 pm

1:00 am

Dangerous Borders: A Journey Across India and Pakistan

Ep. 3 REPEAT

Please see Jan 17, 10:00 pm

2:00 am

South Pacific

Ep. 3 - Endless Blue REPEAT

Please see Jan 17, 7:00 pm

3:00 am

Coast Australia

Ep. 7 - Southern New South Wales

Neil Oliver discovers the engineering errors behind a lighthouse that cursed Wreck Bay for decades.

4:00 am

Coast Australia

Ep. 8 - Pilbara

Tim Flannery visits the remote Montebello Islands where he finds evidence of British atomic testing from 1952.

5:00 am

The Agenda with Steve Paikin

Thu, Jan 17, 2019 REPEAT

Please see Jan 17, 8:00 pm

Friday Jan 18

7:00 pm

Painted Land: In Search of the Group of Seven

A search for the actual locations in northern Ontario that inspired the Group Of Seven. DV

8:00 pm

The Agenda with Steve Paikin

Fri, Jan 18, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Heartbeat

Ep. 21 - The Shoot

Trouble brews with the locals when a shady businessman with a wandering eye and his antagonistic wife join Lord Ashfordly for a shooting party at Ashfordly Hall. 14+

10:00 pm

Borgen

Ep. 5 - Men Who Love Women

Birgitte Nyborg proposes gender quotas on Danish companies' boards of directors, but meets resistance. 14+

11:00 pm

The Agenda with Steve Paikin

Fri, Jan 18, 2019 REPEAT

Please see Jan 18, 8:00 pm

12:00 am

Heartbeat

Ep. 21 - The Shoot REPEAT

Please see Jan 18, 9:00 pm

1:00 am

Borgen

Ep. 5 - Men Who Love Women REPEAT

Please see Jan 18, 10:00 pm

2:00 am

Painted Land: In Search of the Group of Seven

REPEAT

Please see Jan 18, 7:00 pm

3:00 am

Coast

Coast - Ep 5 - Wild Waters

Nick Crane travels to the north east coast - one of Britain's most hazardous with 780 shipwrecks along a 65-mile stretch

4:00 am

Coast

Coast - Ep 6 - Caves and Coves

Nick Crane travels to Jersey in search of some of the most spectacular caves and coves in Europe.

Saturday Jan 19

7:00 pm

National Geographic Titles

Tut's Treasures: Hidden Secrets -Episode 2 NEW

Howard Carter's discovery of Tutankhamun's tomb in 1922 made headlines across the world sparking a global frenzy for Ancient Egypt.

8:00 pm

Coast New Zealand

Ep. 1 - Fiordland

Fiordland is one of the most dramatic and beautiful parts of New Zealand. It is also the emptiest, loneliest and most remote corner of the country.

9:00 pm

Cave of Forgotten Dreams

Werner Herzog gains exclusive access to film inside the Chauvet caves of Southern France.

10:30 pm

Everything Will Be

Vancouver's once-thriving Chinatown is in the midst of a transformation playing out across many ethnic enclaves. DV

12:00 am

National Geographic Titles

Tut's Treasures: Hidden Secrets - Episode 1 REPEAT

Howard Carter's discovery of Tutankhamun's tomb in 1922 made headlines across the world sparking a global frenzy for Ancient Egypt

1:00 am

Cave of Forgotten Dreams

REPEAT

Please see Jan 19, 9:00 pm

2:30 am

Everything Will Be

REPEAT

Please see Jan 19, 10:30 pm

4:00 am

The Doctor Can See You Now

Since the Northern Ontario School of Medicine was founded in 2005, trailblazing graduates have become models for innovative rural health care.

Sunday Jan 20

7:00 pm

National Geographic

Dolphin Dynasty

The secret lives and complex social hierarchy of a small group of dolphins are revealed in Shark Bay, Western Australia.

8:00 pm

Full Steam Ahead

Ep. 3 - Full Steam Ahead

The team learns how railways transformed the British diet, rescuing a nation struggling to feed itself.

9:00 pm

Genius

Ep. 3 - Turning on the Lights

Scientific titans of the 19th century created the railways, harnessed electricity and devised the theory of evolution.

10:00 pm

Little India: Village of Dreams

An exploration of the vibrant and diverse Toronto neighbourhood known affectionately as Little India, or the Gerrard India Bazaar. DV

11:00 pm

The Beat Goes On

Members of an innovative music program for older adults rehearse for their year-end concert. DV

12:00 am

National Geographic

Dolphin Dynasty REPEAT

Please see Jan 20, 7:00 pm

1:00 am

Full Steam Ahead

Ep. 3 - Full Steam Ahead REPEAT

Please see Jan 20, 8:00 pm

2:00 am

Genius

Ep. 3 - Turning on the Lights REPEAT

Please see Jan 20, 9:00 pm

2:57 am

Little India: Village of Dreams

REPEAT

Please see Jan 20, 10:00 pm

4:00 am

The Beat Goes On

REPEAT

Please see Jan 20, 11:00 pm

5:00 am

The Agenda with Steve Paikin

Fri, Jan 18, 2019 REPEAT

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

Monday Jan 21

7:00 pm

Digging for Britain

Ep. 2 - West

In the west of Britain, the archeologists gather at the Dorset Country Museum to look at their new finds and what they mean.

8:00 pm

The Agenda with Steve Paikin

Mon, Jan 21, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Nicholas and Alexandra: The Letters

Nicholas and Alexandra: The Letters - Ep 1 NEW

An exploration of the relationship between Tsar Nicholas II of Russia and Tsarina Alexandra, and the roles they played in the lead-up to the 1917 Russian Revolution.

10:00 pm

Treasures of the Indus

Ep. 2 - The Other Side of the Taj Mahal

The Mughals created the most famous and dazzling empire that India has ever seen, from the Taj Mahal to intricate miniatures of court life.

11:00 pm

The Agenda with Steve Paikin

Mon, Jan 21, 2019 REPEAT

Please see Jan 21, 8:00 pm

12:00 am

Nicholas and Alexandra: The Letters

Nicholas and Alexandra: The Letters - Ep 1
REPEAT

Please see Jan 21, 9:00 pm

1:00 am

Treasures of the Indus

Ep. 2 - The Other Side of the Taj Mahal REPEAT

Please see Jan 21, 10:00 pm

2:00 am

Digging for Britain

Ep. 2 - West REPEAT

Please see Jan 21, 7:00 pm

3:00 am

Special Ed

Meet Ed Ackerman, an eccentric dreamer, rebel and a maverick with an obsession for the alphabet, as he tries to save his home from demolition. DV

5:00 am

The Agenda with Steve Paikin

Mon, Jan 21, 2019 REPEAT

Please see Jan 21, 8:00 pm

Tuesday Jan 22

7:00 pm

BLue Ant package [Cancon Wildlife series]

Arctic Secrets - Delta Discoveries NEW

The Western Arctic's mammoth Mackenzie Delta is the second largest in North America after the Mississippi. DV

8:00 pm

The Agenda with Steve Paikin

Tue, Jan 22, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

The Invisible Heart (Feature)

NEW

The Invisible Heart tracks the birth of a new financial market that promises to solve society's most complex problems. An unorthodox marriage between capitalism and charity, Social Impact Bonds pay private investors a profit to fund social services.

11:30 pm

19 Days

This documentary follows several refugee families during their first 19 days in Canada at a resettlement centre in Calgary.

11:00 pm

The Agenda with Steve Paikin

Tue, Jan 22, 2019 REPEAT

Please see Jan 22, 8:00 pm

12:00 am

The Invisible Heart (Feature)

REPEAT

Please see Jan 22, 9:00 pm

1:30 am

19 Days

REPEAT

Please see Jan 22, 10:30 pm

2:00 am

BLue Ant package [Cancon Wildlife series]

Arctic Secrets - Delta Discoveries REPEAT

Please see Jan 22, 7:00 pm

3:00 am

Limited Partnership

In 1975, one of the first same-sex couples in the world to be legally married took on the U.S. government in a precedent-setting lawsuit. DV

4:30 am

Superfoods: The Real Story

Ep. 8 - Avocados, Cinnamon, Chilies

Kate Qilton discovers whether avocados can make burgers healthy. She also looks at cinnamon for type-2 diabetes and hot chilies for heartburn.

5:00 am

The Agenda with Steve Paikin

Tue, Jan 22, 2019 REPEAT

Please see Jan 22, 8:00 pm

Wednesday Jan 23

7:00 pm

Impossible Railways

Ep. 4 - The Need for Speed

Since the earliest days of the railways, the demand has always been for faster trains.

8:00 pm

The Agenda with Steve Paikin

Wed, Jan 23, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Art of China

Ep. 3 - Art of China

Andrew Graham-Dixon charts the journey from imperial to modern - the glorious rise and calamitous fall of China's last dynasty.

10:00 pm

Food: Delicious Science

Ep. 2 - A Matter of Taste

The marriage between chemistry and biology is at the root of all the sensations, tastes and flavours we enjoy in food.

11:00 pm

The Agenda with Steve Paikin

Wed, Jan 23, 2019 REPEAT

Please see Jan 23, 8:00 pm

12:00 am

Art of China

Ep. 3 - Art of China REPEAT

Please see Jan 23, 9:00 pm

1:00 am

Food: Delicious Science

Ep. 2 - A Matter of Taste REPEAT

Please see Jan 23, 10:00 pm

2:00 am

Impossible Railways

Ep. 4 - The Need for Speed REPEAT

Please see Jan 23, 7:00 pm

3:00 am

The Drop: Why Young People Don't Vote

Twenty-two-year-old Dylan Playfair sets out on a road trip across North America to find out why his generation isn't turning up at the polls.

3:55 am

Sugar Coated

For 40 years, Big Sugar deflected all threats to its empire while sweetening the world's food supply. DV

5:00 am

The Agenda with Steve Paikin

Wed, Jan 23, 2019 REPEAT

Please see Jan 23, 8:00 pm

Thursday Jan 24

7:00 pm

South Pacific

Ep. 4 - Ocean of Volcanoes

Witness the birth, growth and death of an island in the greatest ocean on Earth.

8:00 pm

The Agenda with Steve Paikin

Thu, Jan 24, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Political Blind Date

Ep. 4 - Corrections

Can NDP MPP Cheri DiNovo move cabinet minister Marie-France Lalonde to see what needs to be done to help those at risk in Ontario prisons? DV

9:30 pm

BLue Ant package [Cancon Wildlife series]

City Wildlife Rescue Series 1 - Episode 4 NEW

CITY WILDLIFE RESCUE tells the tale of small animals in the big city.

10:00 pm

The Fruit Machine

Survivors of a decades-long homosexual witch-hunt recount their personal stories of dedication and betrayal at the hands of the Canadian government. DV

11:00 pm

The Agenda with Steve Paikin

Thu, Jan 24, 2019 REPEAT

Please see Jan 24, 8:00 pm

12:00 am

Political Blind Date

Ep. 4 - Corrections REPEAT

Please see Jan 24, 9:00 pm

12:30 am

BLue Ant package [Cancon Wildlife series]

City Wildlife Rescue Series 1 - Episode 4 REPEAT

Please see Jan 24, 9:30 pm

1:00 am

The Fruit Machine

REPEAT

Please see Jan 24, 10:00 pm

2:00 am

South Pacific

Ep. 4 - Ocean of Volcanoes REPEAT

Please see Jan 24, 7:00 pm

3:00 am

Pink Ribbons, Inc.

"Pink Ribbons, Inc." examines how the devastating reality of breast cancer has been hijacked by what marketing experts have labeled a "dream cause." DV

5:00 am

The Agenda with Steve Paikin

Thu, Jan 24, 2019 REPEAT

Please see Jan 24, 8:00 pm

Friday Jan 25

7:00 pm

Coast New Zealand

Ep. 1 - Fiordland REPEAT

Fiordland is one of the most dramatic and beautiful parts of New Zealand. It is also the emptiest, loneliest and most remote corner of the country.

8:00 pm

The Agenda with Steve Paikin

Fri, Jan 25, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Heartbeat

Ep. 22 - Class Act

Merton and his men deal with a protective father who turns to crime to make his young daughter happy, and puts a schoolteacher in serious danger when a schoolgirl crush escalates out of control. 14+

10:00 pm

Borgen

Ep. 6 - State Visit

Birgitte Nyborg faces her first state visit with the arrival of the president of a former Soviet republic. 14+

11:00 pm

The Agenda with Steve Paikin

Fri, Jan 25, 2019 REPEAT

Please see Jan 25, 8:00 pm

12:00 am

Heartbeat

Ep. 22 - Class Act REPEAT

Please see Jan 25, 9:00 pm

1:00 am

Borgen

Ep. 6 - State Visit REPEAT

Please see Jan 25, 10:00 pm

2:00 am

Town of Runners

Many of the world's greatest long-distance runners hail from Bekoji, a remote town in the southern highlands of Ethiopia.

3:30 am

Pussy Riot: A Punk Prayer

Three young women face seven years in a Russian prison for a satirical performance in a Moscow cathedral.

Saturday Jan 26

7:00 pm

National Geographic Titles

Tut's Treasures: Hidden Secrets - Episode 3 NEW

Howard Carter's discovery of Tutankhamun's tomb in 1922 made headlines across the world sparking a global frenzy for Ancient Egypt.

8:00 pm

Coast New Zealand

Ep. 2 - East Cape

The East Cape of New Zealand is a spectacular coast blessed with stunning beauty. But behind the picture-postcard scenery lies a dramatic past.

9:00 pm

The Invisible Heart (Feature)

REPEAT

The Invisible Heart tracks the birth of a new financial market that promises to solve society's most complex problems. An unorthodox marriage between capitalism and charity, Social Impact Bonds pay private investors a profit to fund social services.

10:30 pm

My Millennial Life (Feature Version)

A look through the eyes of a group of 20-somethings at the obstacles they face in making their mark on the world. DV

12:00 am

National Geographic Titles

Tut's Treasures: Hidden Secrets - Episode 3 REPEAT

Please see Jan 26, 7:00 pm

1:00 am

The Invisible Heart (Feature)

REPEAT

The Invisible Heart tracks the birth of a new financial market that promises to solve society's most complex problems. An unorthodox marriage between capitalism and charity, Social Impact Bonds pay private investors a profit to fund social services.

2:30 am

My Millennial Life (Feature Version)

REPEAT

Please see Jan 26, 10:30 pm

3:55 am

Where the Universe Sings

A portrait of the life and art of Lawren Harris, a founding member of the legendary Group of Seven. DV

Sunday Jan 27

7:00 pm

National Geographic

The Kangaroo King

The scorching interior of Australia is home to the largest of all living marsupials - the mighty red kangaroo.

8:00 pm

Full Steam Ahead

Ep. 4 - Full Steam Ahead

At the National Railway Museum, the team helps steam up the world's most famous locomotive, the Flying Scotsman.

9:00 pm

Genius

Ep. 4 - Out of the Darkness

War can bring innovation as well as horror. This episode focuses on scientists and engineers who helped Britain win the Second World War.

10:00 pm

The Invisible Heart (Feature)

REPEAT

The Invisible Heart tracks the birth of a new financial market that promises to solve society's most complex problems. An unorthodox marriage between capitalism and charity, Social Impact Bonds pay private investors a profit to fund social services.

11:30 pm

19 Days

REPEAT

This documentary follows several refugee families during their first 19 days in Canada at a resettlement centre in Calgary.

12:00 am

National Geographic

The Kangaroo King REPEAT

Please see Jan 27, 7:00 pm

1:00 am

Full Steam Ahead

Ep. 4 - Full Steam Ahead REPEAT

Please see Jan 27, 8:00 pm

2:00 am

Genius

Ep. 4 - Out of the Darkness REPEAT

Please see Jan 27, 9:00 pm

3:00 am

The Invisible Heart (Feature)

REPEAT

The Invisible Heart tracks the birth of a new financial market that promises to solve society's most complex problems. An unorthodox marriage between capitalism and charity, Social Impact Bonds pay private investors a profit to fund social services.

4:30 am

19 Days

REPEAT

This documentary follows several refugee families during their first 19 days in Canada at a resettlement centre in Calgary.

5:00 am

The Agenda with Steve Paikin

Fri, Jan 25, 2019 REPEAT

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

Monday Jan 28

7:00 pm

Digging for Britain

Ep. 1 - East

The archeologists gather at Norwich Castle Museum to look at finds from Must Farm, Colchester, Oakington, Lyminge, Basing House, and Silchester.

8:00 pm

The Agenda with Steve Paikin

Mon, Jan 28, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Nicholas and Alexandra: The Letters

Nicholas and Alexandra: The Letters - Ep 2 NEW

An exploration of the relationship between Tsar Nicholas II of Russia and Tsarina Alexandra, and the roles they played in the lead-up to the 1917 Russian Revolution.

10:00 pm

Treasures of the Indus

Ep. 3 - Of Gods and Men

In a journey across the southern Indian state of Tamil Nadu, Sona Datta traces the development of the Hindu religion.

11:00 pm

The Agenda with Steve Paikin

Mon, Jan 28, 2019 REPEAT

Please see Jan 28, 8:00 pm

12:00 am

Nicholas and Alexandra: The Letters

Nicholas and Alexandra: The Letters - Ep 2 REPEAT

Please see Jan 28, 9:00 pm

1:00 am

Treasures of the Indus

Ep. 3 - Of Gods and Men REPEAT

Please see Jan 28, 10:00 pm

2:00 am

Digging for Britain

Ep. 1 - East REPEAT

Please see Jan 28, 7:00 pm

3:00 am

The Great War Tour

Ep. 1 - Arthur Currie: Master of War

General Sir Arthur Currie led the Canadian Corps to a series of spectacular victories hastening the end of the Great War. DV

4:00 am

Superfoods: The Real Story

Ep. 1 - Grapefruit, Xylitol and Kale

Can kale help eye health? Does grapefruit fight fat? And is sugar substitute xylitol good for your teeth?

4:30 am

Superfoods: The Real Story

Ep. 2 - Berries, Detox Drinks, Sweet Potato

Kate Quilton examines the purported health benefits of berries, charcoal drinks and sweet potato.

5:00 am

The Agenda with Steve Paikin

Mon, Jan 28, 2019 REPEAT

Please see Jan 28, 8:00 pm

Tuesday Jan 29

7:00 pm

BLue Ant package [Cancon Wildlife series]

Arctic Secrets - Fall on the Tundra NEW

Nunavik, meaning ,Great Land,, is bigger than California. It is a pristine wilderness of water, forest, and tundra, and home to the Inuit of Northern Quebec. DV

8:00 pm

The Agenda with Steve Paikin

Tue, Jan 29, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Golden Girl

Sweden's Frida Wallberg was the best female boxer alive until she suffered a blow that changed everything. DV

10:25 pm

Survivors Rowe

For almost 20 years, Anglican priest Ralph Rowe sexually abused children on reserves across northern Ontario. DV

11:00 pm

The Agenda with Steve Paikin

Tue, Jan 29, 2019 REPEAT

Please see Jan 29, 8:00 pm

12:00 am

Golden Girl

REPEAT

Please see Jan 29, 9:00 pm

1:25 am

Survivors Rowe

REPEAT

Please see Jan 29, 10:25 pm

2:00 am

BLue Ant package [Cancon Wildlife series]

Arctic Secrets - Fall on the Tundra REPEAT

Please see Jan 29, 7:00 pm

3:00 am

The Great War Tour

Ep. 2 - The Missing

Few Canadians know that 20,000 Canadian soldiers killed in the Great War are still missing. DV

4:00 am

Superfoods: The Real Story

Ep. 3 - Broccoli, Quinoa, Spirulina

Can broccoli really help fight cancer? Is quinoa better than rice? And should we be adding spirulina, a type of algae, to our diets?

4:30 am

Superfoods: The Real Story

Ep. 4 - Kefir, Omega-3, Wheatgrass

Can the fermented milk drink kefir help with digestive disease? Kate Quilton also investigates oily fish and wheatgrass.

5:00 am

The Agenda with Steve Paikin

Tue, Jan 29, 2019 REPEAT

Please see Jan 29, 8:00 pm

Wednesday Jan 30

7:00 pm

Impossible Railways

Ep. 5 - Reaching New Heights

Mountains are one of the greatest challenges a railway can face. This episode investigates the solutions that have made these tough climbs possible.

8:00 pm

The Agenda with Steve Paikin

Wed, Jan 30, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Notes from the Inside with James

Rhodes

Classical pianist James Rhodes takes a Steinway grand piano inside a psychiatric hospital to play for patients and share his mental health story.

10:00 pm

Food: Delicious Science

Ep. 3 - Food on the Brain

Michael Mosley and James Wong explore the power that food has over the brain, one of the greediest organs in the body.

11:00 pm

The Agenda with Steve Paikin

Wed, Jan 30, 2019 REPEAT

Please see Jan 30, 8:00 pm

12:00 am

Notes from the Inside with James

Rhodes

REPEAT

Please see Jan 30, 9:00 pm

1:00 am

Food: Delicious Science

Ep. 3 - Food on the Brain REPEAT

Please see Jan 30, 10:00 pm

2:00 am

Impossible Railways

Ep. 5 - Reaching New Heights REPEAT

Please see Jan 30, 7:00 pm

3:00 am

The Great War Tour

Ep. 3 - Sacred Places

Historian Norm Christie visits the Western Front battlefields, where the real story of the war is in the cemeteries, with their thousands of Canadian dead. DV

4:00 am

Superfoods: The Real Story

Ep. 1 - Tomatoes, Soybeans, Red Wine

Kate Quilton explores the cancer-busting properties of the tomato and travels to Japan to see if the secret of youth is a fermented soybean.

4:30 am

Superfoods: The Real Story

Ep. 2 - Matcha, Argan, Coconut Water

Kate Quilton visits Japan to see if matcha tea reduces the risk of heart disease. She discovers whether coconut water is really super-hydrating.

5:00 am

The Agenda with Steve Paikin

Wed, Jan 30, 2019 REPEAT

Please see Jan 30, 8:00 pm

Thursday Jan 31

7:00 pm

South Pacific

Ep. 5 - Strange Islands

Flightless parrots, burrowing bats and kangaroos in trees are among the wildlife that evolved in curious ways.

8:00 pm

The Agenda with Steve Paikin

Thu, Jan 31, 2019 NEW

Daily current affairs show offering in-depth analysis and intelligent debate on issues of concern in the rapidly changing world around us.

9:00 pm

Political Blind Date

Ep. 5 - Housing

Toronto city councillor Maria Augimeri and Liberal MP Adam Vaughan look at creative solutions to find homes for people in need. DV

9:30 pm

BLue Ant package [Cancon Wildlife series]

City Wildlife Rescue Series 1 -Episode 5 NEW

CITY WILDLIFE RESCUE tells the tale of small animals in the big city.

10:00 pm

Africa and Britain: A Forgotten History

Ep. 1 - First Encounters

David Olusoga explores the enduring relationship between Britain and people whose origins lie in Africa.

11:00 pm

The Agenda with Steve Paikin

Thu, Jan 31, 2019 REPEAT

Please see Jan 31, 8:00 pm

12:00 am

Political Blind Date

Ep. 5 - Housing REPEAT

Please see Jan 31, 9:00 pm

12:30 am

BLue Ant package [Cancon Wildlife series]

City Wildlife Rescue Series 1 -Episode 5 REPEAT

Please see Jan 31, 9:30 pm

1:00 am

Africa and Britain: A Forgotten History

Ep. 1 - First Encounters REPEAT

Please see Jan 31, 10:00 pm

2:00 am

South Pacific

Ep. 5 - Strange Islands REPEAT

Please see Jan 31, 7:00 pm

3:00 am

The Great War Tour

Ep. 4 - The Vimy Pilgrimage

Norm Christie recounts the story of the largest peacetime armada in Canadian history to honour the 60,000 dead of the Great War. DV

4:00 am

Superfoods: The Real Story

Ep. 3 - Saffron, Coffee, Ethiopian Teff

Kate Quilton travels to Morocco to see if saffron can beat the blues, and downs espresso in Naples to find out if coffee helps the liver.

4:30 am

Superfoods: The Real Story

Ep. 4 - Seaweed, Blue Cheese, Chörk

Can seaweed really make you slimmer. Is blue cheese good stomach health? And will anyone buy a brand new superfood called Icelandic Chörk?

5:00 am

The Agenda with Steve Paikin

Thu, Jan 31, 2019 REPEAT

Please see Jan 31, 8:00 pm